

Q: When is registration?

A: Registration will open March 1, 2017

Q: How much does it cost?

A: \$139, this includes the uniform and the pom-poms

Q: How and when do I pay?

A: TBA

Q: Do I keep my uniform to use in the future?

A: Yes, you purchase your own uniform and it can be used as long as it fits you and it's the current uniform.

Q: When is the parent/cheerleader meeting?

A: TBA

Q: When will I know what team I'm on and who my teammates are?

A: Your cheer team depends on what area in the district you live in.

Q: When will I know my teams' schedule?

A: Your team parent will be notified as soon as the football teams have their schedule, sometimes not until a few days before the first game.

Q: When is picture day?

A: TBA

Q: I would like to volunteer, what opportunities are there for the 2017 season?

A: Coaching; Team parent, or co-team parents; Fundraiser; Picture day.

## **Practice**

Q: When does practice start?

A: TBA

Q: Where is practice?

A: TBA

Q: What do I wear to practice?

A: practice tee or tank, black shorts and athletic type shoes (no ugs, slip-ons, converse, etc)

Q: What do I wear to practice if it's cold?

A: top, black stretchy pants and athletic type shoes (no ugs, slip-ons, converse, etc)

Q: Do we practice if it's raining?

A: Yes

Q: How do I wear my hair for practice?

A: Hair must be in a high pony tail and bangs must not come below the eyebrow.

Q: Do I need to bring my poms to practice?

A: Only if requested by a coach.

Q: Can I have long painted finger nails at practice?

A: Polish is ok but nails must not extend over the end of the fingers for safety reasons.

Q: Can I chew gum during practice?

A: No

Q: Can I wear jewelry at practice?

A: No

## **Games**

Q: When do games start?

A: TBA

Q: What do I wear to games?

A: The game uniform consists of shell, skirt, black briefs (spankies), crop, \*leggings, jacket, game bow, shoes, NO-SHOW socks, and poms. \*Leggings are worn under your skirt. Your team parent will decide what to wear depending on the weather.

Q: What if I can't find part of my game day uniform?

A: Each team has to wear the same uniform; if you don't have what the team is wearing you will not be allowed to cheer for that game. Let your team parent know if you need to order a replacement item.

Q: Do I need to have ALL uniform pieces with me at games?

A: Yes!

Q: Do we cheer at away games?

A: Yes! If there are enough cheer teams for each football team you will travel to the same locations as the football players. If there are not enough cheer teams you will be notified of an altered schedule, but you will still travel to away games.

Q: Do we cheer at games if it's raining?

A: Yes!

Q: Do we cheer at games if there is thunder/lightning?

A: Yes, and no. All cheerleaders are required to arrive at the designated time and location of their game. If there is thunder/lightning during a game, SUN CHEER will follow the direction of the coaches (includes taking cover in a safe location).

Q: How do I wear my hair for games?

A: Hairstyle (\*high pony or half-up/half-down with game bow) will be determined by the team parent and/or coach. All girls will wear their hair the same. Bangs must not come below the eyebrow. \* All girls must have hair in a high pony tail with the game bow if they are stunting.

Q: Can I have long painted finger nails?

A: No

Q: Can I chew gum during practice?

A: No

Q: Can I wear jewelry at practice?

A: No